

Welcome to the Derian House family newsletter!

We will be sending you all the latest news and events from around the hospice every quarter. If there is anything else you'd like to see in this newsletter let us know by emailing Caroline.taylor@derianhouse.co.uk

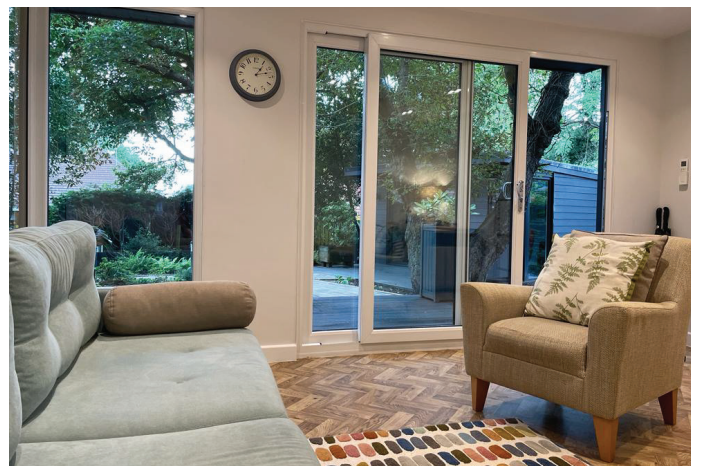


OH MY POD!

Our counselling pods are safe spaces for young people, parents, siblings, and grandparents to speak to our family counsellors in the vibrant hospice gardens.

The new woodland counselling pod was officially opened by three-year-old Isla and five-year-old Isaac who cut the ribbon at a special ceremony in August.

Dad Roy, 51, said: "The counselling pod in the garden feels different - I think they help you to open up more because you're outside, in the middle of nature, there are no walls.



"I was genuinely surprised how quickly I could relate to John in our sessions. People have said they have seen a change in me.

Even month on month, I feel different. Counselling has really helped. I think it's the perfect combination to have a counsellor you trust and to be in such a calming setting."

If you are interested in counselling at Derian House, get in touch with the Family Support Team.



Christmas is coming..

With less than 100 days until the most wonderful time of the year, we have been planning our annual festive fiestas. We'll be bringing the **Derian House Christmas party** Worden Academy, in Leyland, on 9 December.

On the same day, the legendary **Lodge Christmas party** will take place at Chorley Football Club!

If you would like to come along, contact:
playandwellbeing@derianhouse.co.uk



Come along to one of our groups...

You can find out more about our events on our Facebook page @derianhouse or by calling the hospice on 01257 233 300 or email playandwellbeing@derianhouse.co.uk

Support groups:



Dad's Group

18th Oct / 22nd Nov / 13 Dec

Meet with like-minded dads to chat, listen, laugh and support each other.



Coffee Mornings

6th Oct / 3rd Nov / 15th Dec

Connect with other families who have a child with a life-limiting condition in a supportive environment.

For our children and young people:



Family Stay and Play

14th Oct / 11th Nov / 16th Dec

For families to come together, play and socialise once a month in our Seaside Room and gardens.



Playgroup (under 5s)

Every Tuesday
10am - 11.45am

After a short break over summer, playgroup is back!

Please note: there will be no playgroup during half term on 24 October, but we'll be back for Halloween fun on 31 October!



Lodge Family Stay and Play

28th Oct

Get in touch with the Play Team if you would like to be involved.



Friday Night Club

20th & 27th Oct / 17th & 24th Nov

For our young people to play board games, enjoy karaoke, watch films, make food together – and have plenty of fun!

Do we have your contact details correct? Let us know any changes by calling 01257 233 300

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